

***This completed form, along with other necessary papers, must accompany adult chaperone during all events/trips/activities. Also, this necessary paperwork must be in vehicles transporting the girls to whom they refer.***

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
                     Last                      First                      Initial

Parent/Guardian: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship to child: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_  
 (Person to contact if Parent/Guardian cannot be reached)

Family Physician: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Family Medical/Hospital Insurance Carrier: \_\_\_\_\_ Policy/Group #: \_\_\_\_\_

**Health History** (check those that apply)

Convulsions/Seizures     Hypertension     Ear Infection     Musculoskeletal Disorders     Bleeding/Clotting Disorders  
 Heart Defect/disease     Diabetes     Asthma     Other: \_\_\_\_\_

Date of last health examination: \_\_\_\_\_ Complicating medical problems noted in last health examination \_\_\_\_\_

**Allergies** (state what they are and specify the nature of the allergic reaction): \_\_\_\_\_  
 Does participant carry an Epi-pen? \_\_\_\_\_ If yes, can she self-administer? \_\_\_\_\_

**Date of last tetanus shot** \_\_\_\_\_

**Diseases** (check those that apply)

Chicken Pox     Measles     German Measles     Mumps     Tuberculosis     Other (specify) \_\_\_\_\_

**Immunizations (please initial)**  
 \_\_\_\_\_ Immunizations are current and up to her school's standards.

**Check those that apply and describe:**

Current care by a physician or psychologist \_\_\_\_\_  
 Serious injury or operation \_\_\_\_\_     An illness lasting more than five (5) days \_\_\_\_\_  
 Prescribed medication \_\_\_\_\_     Regularly taken over the counter medication \_\_\_\_\_  
 Recent exposure to a contagious disease \_\_\_\_\_

Restrictions concerning physical activity \_\_\_\_\_

**Other Health Conditions** (check those that apply).

Motion sickness     Special dietary regimen     Hearing impairment     Sleep disorders  
 Emotional disturbances     Fainting     Nosebleeds     Glasses/contact lenses  
 Fears     Other: \_\_\_\_\_

Please explain any items checked above. Indicate any information useful to the adult in charge in relation to these health conditions: \_\_\_\_\_  
*Please use other side if necessary.*  
 Please indicate any activities to be encouraged or restricted. \_\_\_\_\_

This health history is complete and accurate. The adult in charge of the Girl Scout troop activity may give permission to the physician selected to order X-rays, routine tests, and treatment for the health of my child, and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the adult in charge to hospitalize, secure proper treatment for, and to order injection and/or surgery for my child as named above. My daughter has permission to engage in all of the following activities, except as noted by me.

Activity	Date	Restrictions

Signature: \_\_\_\_\_ Date: \_\_\_\_\_