

Camp Low Weekend Interest Indicator Form

Troop number _____ Leader _____

Leader's phone _____ email _____

Level and ages of girls _____

- Troop # _____ is interested in attending.
- # _____ girls 11 and over are interested.
- # _____ girls under 11 are interested.
- We are interested in the low ropes course.
- # _____ girls 11 and over are interested in the high ropes course.
- We are interested in canoeing.
- We are interested in going on a hike around the island.
- We are interested in doing some of the physical fitness challenge course.
- We are interested in doing archery.
- We are interested in having free time to work on a badge or interest patch.
- We are interested in doing some outdoor cooking.
- We are interested in doing crafts.
- We are interested in doing sports and games.
- We are interested in _____
- We are interested in _____
- We are interested in _____

Please rank your troop's housing preferences: (1,2,3 and 4)

- No preference Pitch tents
- Platform tents Cabins

_____ is our Basic Outdoor Skills trained adult. She has or will have 101, 102, and 103 by Nov. 12.

- Troop # _____ will not be attending the weekend.
- Our troop will not be attending, but we have # _____ girls who would like to attend with another troop if possible.

Other requests or suggestions: _____

Please list adults who can help with camp activities and preferences (canoeing, archery, high ropes, low ropes, crafts, first aid, hiking, sports, kitchen, other)

Marshes of Glynn Encampment at Camp Low November 12-14, 2010

Registration Form

Register by Monday, Nov. 1, by email or on hard copy. Payment is due by Nov. 8.

Troop # _____

Leader's Name _____ Phone _____

Leader's email _____

Number of girls attending the encampment _____ X \$20 = _____

Number of adults attending the encampment _____ X \$10 = _____

Date of payment

Method of Payment

Total paid

Names of girls participating and age

Names of adults participating (continue on back)

Names of adults who can help with event and area of interest (high ropes, low ropes, archery, geocaching, canoeing, outdoor skills, songs, games, sports,) Continue on back if necessary.)

Name

Phone

Interest

Marshes of Glynn Encampment at Camp Low

November 12-14, 2010

Check in Friday after 5 pm and before 6 pm if possible so camp set up will be before dark.

Friday evening activities

Bring a sack supper or eat before you come.

Leaders' meeting to go over safety issues and rules

Games, dancing in lodge and making vagabond stoves for those who plan to use them

Snack

Saturday

Flag ceremony

Breakfast – cereal and fruit in the lodge

Lunch – sandwiches, vegetables, fruit in the lodge

Activities: high and low ropes, archery, canoeing, geocaching, troop time

Flag ceremony

Supper - Your choice. Troop plans, shops, prepares, cooks, washes dishes.

(The simplest method is foil dinners or hot dogs on a stick, but your troop may decide to use a charcoal grill, camp stove, foil dinners in the fire ring, box ovens, Dutch oven, or some combination. Several troops will be cooking in the same fire ring so we all need to share the common space. Somemore ingredients will be provided.

Campfire at the point – Each troop will have around 5 minutes to lead a song or do a skit. Prepare this before the campfire and remind the girls to project their voices so everyone can hear and participate. After the skits and songs, we will have a friendship ash ceremony. You are welcome to bring ashes from other ash ceremonies to add to the fire.

Sunday

Vagabond stove breakfast. (Stoves will be made on Friday evening.) Bacon and French toast ingredients will be provided for cooking on vagabond stoves or the method your choice.

Pack up and clean up your unit

Site check to make sure area is clean and as it was by 11 am

Turn in evaluations and pick up health forms, patches, and ashes; depart by noon

Your troop may choose to cook, eat, pack up, and clean up early and have some troop time for hiking or badge work before leaving.

The fee (\$20 per girl and \$10 per adult) covers Friday night snack, breakfast and lunch on Saturday, trail mix, somemore ingredients on Saturday night, breakfast food on Sunday, patch, bandana, use of the camp, the canoes, and other supplies. Extra adults and those with health issues may stay in Juliette's Cottage, which has camp beds but is climate controlled and has a bathroom and a kitchen. (Note to adults: There will be coffee and hot water for tea in the lodge on Saturday morning, but bring your own cup or mug. We will not have disposable ones.)

All troops will be scheduled to do the low ropes, archery, canoeing, geocaching, and to have troop time for badge work or down time. Girls 11 and over will be scheduled to do the high ropes. We will not be doing crafts as a group. Your troop may bring craft activities to do if you choose to.

We need a troop to do the opening flag ceremony on Saturday morning and another one to do the closing flag ceremony Saturday afternoon. This involves raising, lowering, and folding the flag. We will also need every adult to help. Please let any parents coming with your troop know we will need help sorting supplies. Sign up for jobs will be done on Friday night.

Kaper charts for unit clean up on Sunday will be available for signing up on Friday night.

This packet contains what to bring lists for girls and the troop, directions to camp, and a map of Camp Low. Be sure to give each girl a copy of the what to bring list and to bring everything your troop will need to cook with on Saturday evening.

The reference packet can help you prepare your girls before they come. The checked skills on the 8 basic outdoor skills sheet are those you should go over with your girls in advance. Some sample recipes are included.

Leaders need to have a permission slip for every girl and a health form for every participant -- girl and adult. The health forms will be collected at check in and returned at check out.

Sleeping arrangements – It may not be possible for every troop to be in their first choice of sleeping quarters. Indicate your choice on the interest indicator form. The less experienced girls will be given priority. Adults beyond those necessary to meet your ratio requirements are welcome to come but do not get priority in cabins. Extra adults may pitch tents near the rest of the troop or stay in Juliette's Cottage if there is not enough room in the cabins or platform tents. Men will pitch tents and sleep in a separate area. If we all approach this with a sense of adventure and flexibility, we should all have a great time.

Registration forms are due by Monday, Nov. 1, and may be emailed. Payment may accompany the registration form or be paid on Thursday, Nov. 4, at the service unit meeting or at any time by Monday, Nov. 8. Refunds may not be possible if supplies have already been purchased. Please let Milann know if you have any changes (cancellations or additions) as soon as you become aware of them so that everyone will have a place to sleep.

Do not hesitate to get in touch with Milann with questions at 638-3121, 996-0643 or milanngan@yahoo.com

Bring this schedule to Camp Low!!!

Schedule for Camp Low Encampment

Friday, November 12, 2010

5 - 6 pm Arrive after supper, check in at lodge, turn in health forms, set up camp. (Make nametags.)

7 pm Report to lodge for evening activities (Making vagabond stoves, snack, rules and expectations for girls and adults, sign up for kapers, followed by games and dancing in the lodge.)
Your troop may come on over to the lodge early and start on the activities after they have set up camp.

9 pm Return to units

10 pm Bedtime

Saturday

7:15 am Adults helping with breakfast report to lodge.

7:30 am Troop doing flag ceremony report to lodge

7:45 am Opening flag ceremony and grace

8:00 am Breakfast Camp manager's reminders

8:15 am High ropes facilitators' meeting at wall

8:30 am Low ropes facilitators' meeting on course

9:00 am Activity Session 1

10:00 am Activity Session 2

11:00 am Activity Session 3

11:30 am Adults helping with lunch report to lodge.

12 noon Lunch in lodge

- 1:00 pm Activity Session 4
- 2:00 pm Activity Session 5
- 3:00 pm Activity Session 6
- 4:00 pm Closing flag ceremony at lodge
Then in units prepare supper, cook, grace,
eat (including somemores) clean up, free
time, practice skit or songs for campfire
- 8:00 pm Campfire at the point (skits, songs,)
and friendship ash ceremony)
Skits will be done only once, so be on time.
There are not enough benches for everyone,
so bring situpons or a tarp for the girls or
a folding chair for adults who do not want
to sit on the ground.
- 9:00 pm Report to units
- 10:00 pm Bedtime

Sunday

- 7:00 am Adults helping with breakfast set up report
to lodge.
- 7 - 7:30 am Pick up food for vagabond stoves and
evaluations
- 7:30 to 11 am Pack up your personal belongings before
breakfast, cook on vagabond stoves, eat,
clean up after breakfast, clean up your
cabin or tent and **unit** site, evaluations,
Scout's Own in units
- 11:00 Site inspection
- 11:30 Check out (turn in evaluations, pick up
patches, ashes, and health forms)
- 12 noon Depart for home

Anyone who is planning to leave early needs to let us know in advance and be ready for site inspection 30 minutes before planned departure time.

The activities during the sessions will be archery; high ropes for those 11 and up; low ropes; canoeing; geocaching; and troop badge work or troop free time. Each troop will be scheduled for 2 blocks in the ropes course. Girls may be on the ropes course only during their scheduled time with a facilitator. It is off limits after 4 pm.

Each activity session will start on the hour (9, 10, etc.) so allow walking time from one activity to the next. If your troop is late, they will have less time for the activity. All girls are scheduled into everything except those under 11 are not scheduled into high ropes.

Cell phone numbers:

Milann Gannaway	996-0643	
Laura Pittman	617-6394	
Linnett Benson	230-3081	
Nina Smith, Camp Low property manager		341-4144

Call Nina only in case of emergency when no one else can be reached.

ITEMS TO BRING TO CAMP LOW FOR OVERNIGHT

(WRITE YOUR NAME ON ALL YOUR BELONGINGS.)

- _____ Permission slip
- _____ Sleeping bag or sheets and blankets
- _____ Pillow if desired
- _____ Jacket
- _____ Raincoat or poncho
- _____ Change of clothes - shirt with sleeves, underwear, socks Be sure to have jeans.
- _____ Something to sleep in (sweat pants and t-shirt)
- _____ Extra pair of shoes and socks (in case of rain)
- _____ Toilet articles and towel (toothbrush, toothpaste, soap, hairbrush, comb, items to tie hair back when near the fire, deodorant, plastic bag for wet items)
- _____ Flashlight and extra batteries
- _____ Sunscreen
- _____ Nonaerosol insect repellent
- _____ Cup-on-a-string or water bottle
- _____ Unbreakable plate and eating utensils
- _____ Situpon
- _____ Dunk Bag if you have one

DO NOT BRING gum, candy, sandals, crocs, tank tops, short shorts, jewelry, radios, Ipods, electronic games, or cell phones. **No food is allowed in the cabins or tents.**

Everyone should wear closed toe and closed heel shoes and socks at all times, shirts with sleeves, and long pants (jeans) or fairly long shorts. It might be cold. Troops need a permission slip for every girl and a health form for every participant.

PACKING LIST FOR CAMPING TRIP

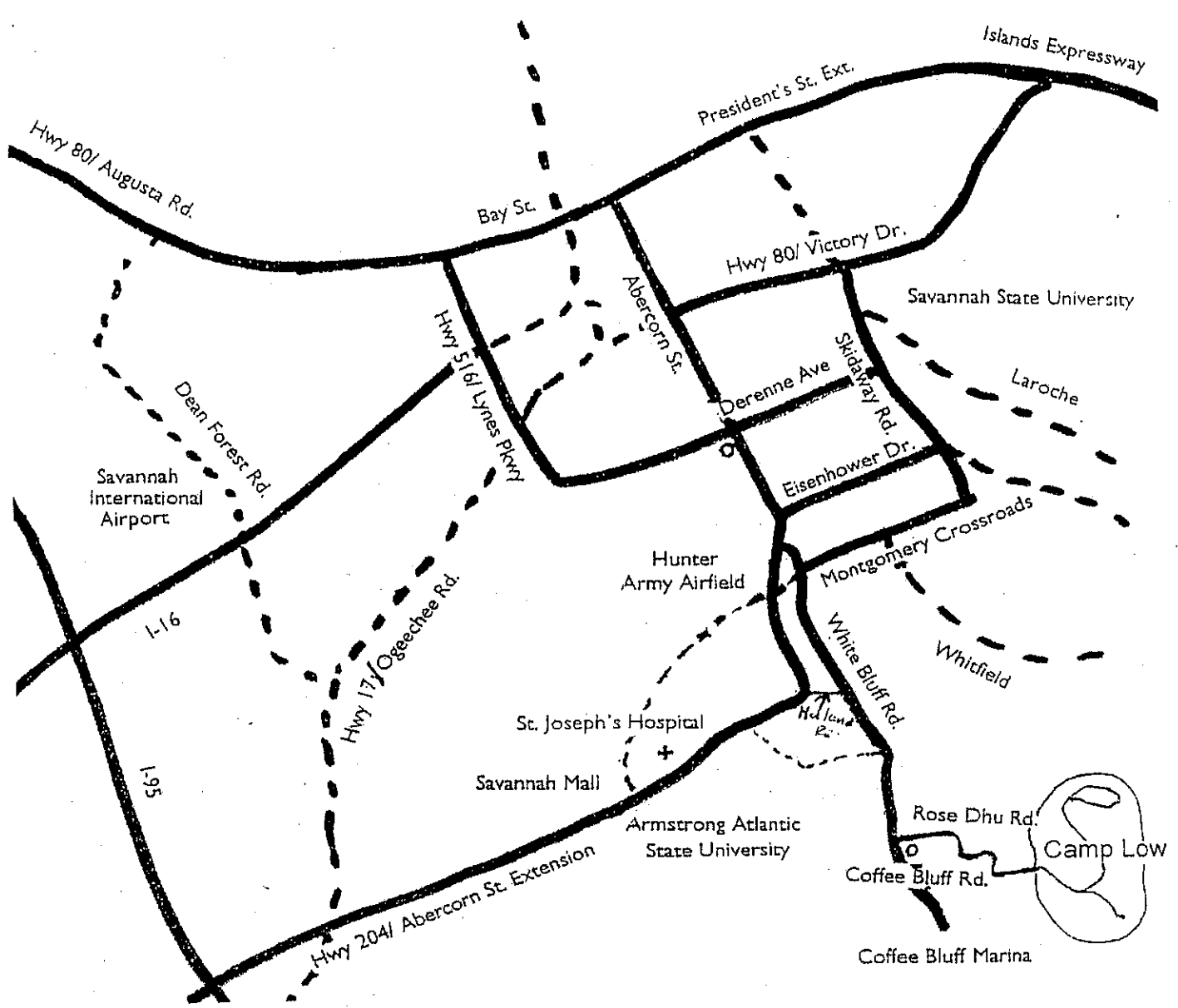
For the Troop Leader

Main Items

- _____ Tent (If pitching tents)
- _____ Stakes, and extra Stakes (If pitching tents)
- _____ Hammer
- _____ Sleeping Bag
- _____ Pads to go under sleeping bags (optional)
- _____ Pillow
- _____ Cup on a string/ Water bottle
- _____ Matches
- _____ Fire Starters
- _____ Flashlight
- _____ Extra Batteries
- _____ Camera (Optional)
- _____ Film (Optional)
- _____ Pocket Knife (Optional)
- _____ Games (Not Electronic)
- _____ Small Broom
- _____ Folding Table (Optional)
- _____ First Aid Kit

Cooking Box- (for the type of cooking you plan to do)

- _____ Basins for washing dishes in
 - _____ Dish Detergent
 - _____ Scouring Pads
 - _____ Pot Holders (Lots of them)
 - _____ Can Opener (*manual*)
 - _____ Knives for cutting meat and veggies
 - _____ Potato Peeler
 - _____ Big spoons and/or ladles
 - _____ Paper Towels
 - _____ Tongs
 - _____ Sandwich Bags
 - _____ Dish Clothes
 - _____ Cutting Boards
 - _____ Tin Foil
 - _____ Garbage Bags
 - _____ Salt and Pepper
 - _____ Other Seasonings
 - _____ Measuring spoons and Cups (if needed)
 - _____ Ice Chest (To carry food from the lodge)
- _____ **Pots**
- _____ **Serving dishes**
- _____ **Twine**



Directions to Camp Low

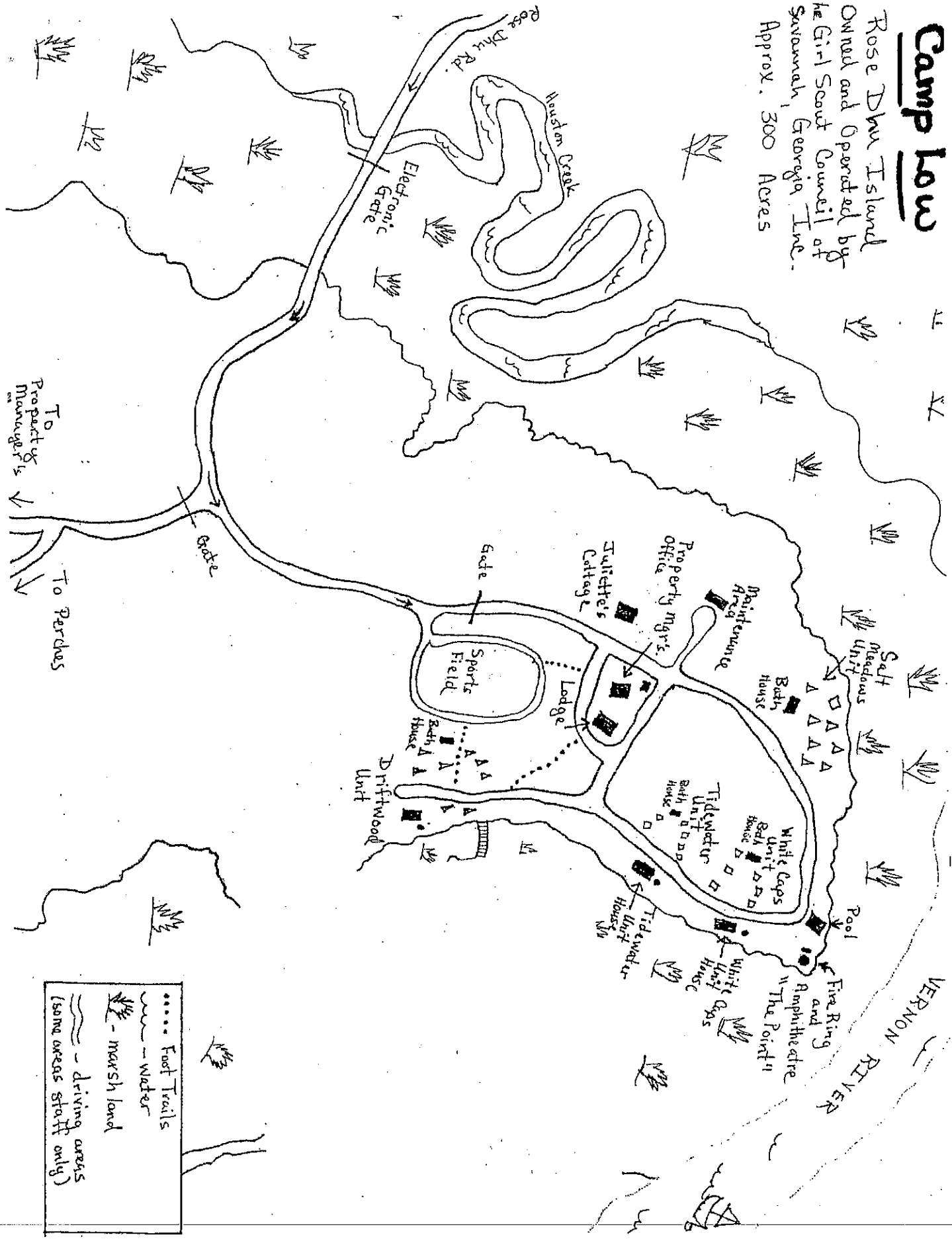
From Downtown Savannah: Take Abercorn St. south (away from river). Go past the Oglethorpe Mall, then turn left on to White Bluff Rd. *

From I-95: Exit East toward Savannah on Hwy. 204/Abercorn Extension (Exit 94). Follow Hwy. 204/ Abercorn St. into Savannah. After you pass Carey Hilliard's/ Savannah Toyota, look for Holland Dr. (Abercorn will curve to the left, Holland Dr. curves to the right, there is a Circle K at the corner). Follow Holland Dr. to White Bluff Rd., turn right on to White Bluff Rd.* **OR** you can continue down Abercorn St. to Montgomery Crossroads, turn right onto Montgomery Crossroads then right on to White Bluff Rd.*

*Follow White Bluff Rd., it eventually turns into a two-lane road, then the road name changes to Coffee Bluff Rd. about a mile later. Keep following this road until you come to Rose Dhu Rd. (on the left). There is a brown, two-story, dome-shaped house on the corner. Turn left onto Rose Dhu Rd. and follow it around. You will pass a Dead End sign, but keep going. You will pass over a cobblestone-like driveway and eventually come to a fork. Turn to the left at the fork and continue down the road. You will soon come to the Camp Low gate.

Camp Low

Rose Dhu Island
 Owned and Operated by
 the Girl Scout Council of
 Savannah, Georgia, Inc.
 Approx. 300 Acres



..... Foot Trails
 --- Water
 ~~~~ marsh land  
 --- driving areas  
 (some areas staff only)